

# SPA

— HAGGERSTON CASTLE —

## Booking information

Please arrive ten minutes prior to your appointment. All treatment times shown indicate the length of the total booking and not the specific treatment. We recommend you book in advance, to avoid disappointment.

## Cancellation

All treatments must be prepaid. Advance payment is refundable when we are advised of cancellation more than 24 hours in advance. Failure to attend or advise of cancellation within 24 hours of your appointment will result in full loss of your prepayment.

## Our spa conduct

You must be 14 years old and over to use the health suite. For safety reasons, we ask that all guests follow our policies at all times. We retain the right to refuse admission at any time.

## Gift vouchers

Give a truly special present with a gift voucher. Ask in the spa for further details.

## Special requests

We ask that any guest with special requirements inform our Spa Reception prior to treatment.

## Contraindications to treatments

If you have any of the following conditions please inform our reception team prior to booking treatments, as this may dictate which treatment you can have.

Pregnancy and post pregnancy  
Heart and circulatory conditions  
High or low blood pressure  
Diabetes  
Epilepsy  
Mobility issues  
Recent surgery (within 3 months)  
Recent accident or injury  
Skin conditions  
General illness  
Allergies

All guests must complete a health consultation form upon arrival.

Failure to inform our team at time of booking could result in your treatment not being carried out.



To make an appointment, please call into the Spa Reception or call 01289 381 194.

Opening hours:  
9am–5pm, Monday–Sunday  
(these times may change dependent on business demand)

The Spa at Haggerston Castle Holiday Park,  
Beal, Berwick-upon-Tweed,  
Northumberland TD15 2PA

# SPA

— HAGGERSTON CASTLE —

TREATMENT MENU 2020

RELAX, UNWIND, DE-STRESS



PURE INDULGENCE

# PACKAGES

## MUM-TO-BE

60 minutes, £45.00

Relaxing back massage with a luxurious facial and head massage.  
Please note: you must be past your first trimester, 12 weeks+.

## RELAXING COUPLES

75 minutes, £70.00 per couple

Relax in our private bubble pool and sauna for 45 minutes  
followed by a 30 minutes relaxing back massage.

## MUM AND DAUGHTER

95 minutes, £90.00 for both

Relax in our private bubble pool and sauna for 45 minutes, followed by a relaxing  
massage and facial for 40 minutes and a fresh file and polish.

## ME TIME

75 minutes, £45.00

Relaxing back massage followed by a pedicure.

## SPA SESSION

45 minutes, £8.00

Relax in our private bubble pool and sauna for 45 minutes.

## ENVIIOUS EYES\*

30 minutes, £18.00

Eyelash tint, eyebrow tint and eyebrow wax.  
\*patch test required 24hrs before treatment

# GYM

GYM SESSION £5.00

GYM AND SPA SESSION £10.00

3-DAY PASS £10.00

5-DAY PASS £20.00

7-DAY PASS £25.00

Please note: The gym is available for 18 years+ and 16–17years with a responsible adult. If you would like to listen to music during your workout please bring headphones and music.

# SPA MASSAGE JOURNEYS

*Spa Find have developed a distinctive range of spa massage journeys using therapy techniques from around the world – bringing together the ancient therapeutic powers of Dead Sea waters.*

## SPA FIND MUSCLE MEND RELAXATION RITUAL 60 minutes, £50.00

A deeply therapeutic back cleanse, massage and scalp massage to help ease away physical stress and strain. This treatment has been specifically designed for clients who need to recharge and recuperate.

## SPA FIND HOT HOT HOT BACK RITUAL 60 minutes, £50.00

A luxury back treatment that begins with a hot compress and deep exfoliation of the back using heated black mud and salt. Following that is a hot stone massage and warming mud mask applied to the back. Whilst the mud mask hydrates and nourishes, a hot stone leg massage is performed.

## SPA FIND PEACE HOT STONES MASSAGE Back only 45 minutes, £40.00. Full body 90 minutes, £70.00

A deeply relaxing massage using Hawaiian hot stones to release any tension from your body and leave your mind at peace. The journey begins with a warm foot compress followed by the luxury hot stones massage.

## SPA FIND INFINITE INDULGENCE BLACK MUD BODY ENVELOPMENT 75 minutes, £60.00

This calming full-body treatment nourishes the skin and relaxes aching muscles and joints. A full-body exfoliation is followed by the application of body treatment oil. We then envelop the body in warmed Dead Sea mud to soften, soothe and condition the skin with minerals from the lowest place on earth. Improves eczema/psoriasis and arthritic conditions.

## SPA FIND COMFORT LOMI LOMI HAWAIIAN MASSAGE Back only 45 minutes, £40.00. Full body 90 minutes, £70.00

The journey combines a welcome massage around the neck and shoulders, and comfort massage using the elbows and forearms to leave muscles relaxed, skin silky soft and the body and mind balanced.

## SPA FIND TRANQUILITY SHIATSU DEEP-TISSUE MASSAGE Back only 45 minutes, £40.00. Full body 90 minutes, £70.00

Tranquility utilises the Japanese art of shiatsu, Swedish massage techniques, and sports massage, to leave muscles relaxed and skin supple and toned.

## SPA FIND HEAVENLY HEAD, NECK AND SHOULDER MASSAGE 45 minutes, £40.00

A deeply relaxing head, neck and shoulder massage designed to release tension and stress on the areas that need it most, leaving you feeling relaxed and revived. Includes a back massage.

## HOT SALT ROCK REVIVER 45 minutes, £47.00

This is a deep tissue back treatment which includes a comforting welcome massage. Hot Himalayan salt rocks are used over stressed areas using a blend of organic eucalyptus and winter green to infuse warmth into tense muscles, leaving you feeling relaxed. Finished with a deep back exfoliation and warmed lotion. You will also be able to take home the beautiful Pink Himalayan Salt Rocks. When put in a warm bath, these will give you a simple yet effective mineral home spa treatment and your whole body will benefit greatly from the 84 naturally occurring minerals they contain.

## TRADITIONAL SWEDISH FULL-BODY MASSAGE 60 minutes, £52.00

## TRADITIONAL SWEDISH BACK MASSAGE 30 minutes, £27.00

# KIDS' TREATMENTS

## PRINCESS PACKAGE 20 minutes, £15.00 (for ages 2–8)

Make-up, file and polish on hands and feet with a certificate to take away

## KIDS' MINI FACIAL 25 minutes, £15.00 (for ages 11–14)

## KIDS' MINI BACK MASSAGE 10 minutes, £10.00

## PICK N MIX Any 3 for £15

## HAIR BRAID £5.00

## HAND AND ARM MASSAGE £4.00

## HEAD RUB £4.00

## MAKE-UP £3.00

## FUNKY FINGERS £6.50

## TANTALISING TOES £6.50



SPECIAL TREATS



# SPA FACIAL TREATMENTS

## SPA FIND EXPRESS ELEGANCE FACIAL 30 minutes, £29.00

A mini facial incorporating a full cleansing and toning sequence, exfoliation to brighten the skin, nourishing mud mask to suit your skin type and mini facial, leaving your skin refreshed and glowing.

## PRESCRIPTIVE MUD FACIAL 60 minutes, £39.00

This deeply hydrating facial is perfect for delicate and dehydrated skin, helping to gently renew and revive skin. It begins with a welcome massage followed by a facial that naturally tones and firms the skin. VMS Complex in the products used in this facial helps to smooth fine lines and prevent further skin ageing by treating both the surface and deeper skin tissues.

## SPA FIND YOUTHFUL YOU ANTI-AGEING FACIAL 75 minutes, £50.00

This luxury anti-ageing facial uses a unique peel-off mask combining Dead Sea mud and seaweed. It begins with a welcome massage followed by a facial, which brings immediate firming and hydrating results to the skin.

## DREAM FACIAL 45 minutes, £42.00

Spa Find brings you the ultimate treatment to help you switch off completely whilst giving amazing anti-ageing and skin-brightening results. A combination of meadowfoam and rosehip oil is used to restore radiance, and soothing lavender relaxes an overactive mind, transporting you to a state of deep relaxation. Your skin will glow and your mind will be rested – perfect for a good night's sleep!

## SPA FIND NATURAL NOURISHMENT DOUBLE MUD FACIAL 75 minutes, £50.00

A hydrating facial, which is excellent for tired, dull and sallow skin. It begins with a welcome massage followed by a facial, incorporating two mud masks to dramatically refine the skin's texture and deeply relax you. Dead Sea Black Mud is used where needed to give immediate visible results.

# HANDS AND FEET

## LUXURY MANICURE INC. GEL POLISH 60 minutes, £40.00

## LUXURY PEDICURE INC. GEL POLISH 60 minutes, £40.00

## MANICURE 45 minutes, £25.00

## PEDICURE 45 minutes, £25.00

## GEL POLISH FINGERS AND TOES £40.00

## GEL POLISH £25

## DETOX FOOT SOAK AND REVIVE £20.00

## FILE AND POLISH £9.00

## ACRYLICS £30.00

## SOAK-OFF ACRYLICS £10.00

## MINI MANICURE (NO POLISH) 25 minutes, £20.00

## MINI PEDICURE (NO POLISH) 25 minutes, £20.00

# SPA FIND 2-IN-1 PETITE SPA TREATMENTS

## SPA FIND ACHE AWAY DEEP-TISSUE MASSAGE AND SKIN NOURISHMENT 30 minutes, £35.00

A deep-tissue back massage that helps to dissolve muscular tension. Perfect for those suffering with aching muscles and who like a firm massage. Leaves skin feeling soft and supple.

## SPA FIND SILKY SKIN 2-IN-1 EXFOLIATION AND MASSAGE 45 minutes, £42.00

A full-body exfoliation with the bestselling Spa Find Heavenly Hydration Salt Brushing, followed by a back massage that helps to relieve muscular tension and leaves the skin feeling silky smooth and deeply nourished.

## SPA FIND PURE PRESSURE 2-IN-1 DEEP CLEANSE AND MASSAGE 45 minutes, £42.00

A luxurious back treatment that not only deeply cleanses, but also incorporates a deep-tissue massage that helps to reduce tension and relieve muscular aches and pains, leaving you with a complete sense of relaxation and soft, supple skin.

## SPA FIND COMPLETE CALMNESS 2-IN-1 FACIAL AND MASSAGE 45 minutes, £42.00

A luxurious back massage that helps to relieve muscular aches and pains, followed by a relaxing mineral mud facial that improves the texture of the skin, and leaves it feeling soft and supple.

## SPA FIND AGE AWAY 2-IN-1 FACIAL AND EXFOLIATION 60 minutes, £50.00

A unique anti-ageing mineral body exfoliation, scalp massage and anti-ageing seaweed facial treatment that leaves skin feeling fresh, nourished with fine lines and wrinkles smoothed.

## SPA FIND HOT STONES BACK MASSAGE AND FACIAL 60 minutes, £50.00

## SPA FIND DEEP-TISSUE BACK MASSAGE AND FACIAL 60 minutes, £50.00

BUY ONE GET ONE HALF PRICE

*Spa Find 2-in-1 treatments incorporate two elements of spa therapy in one treatment, offering you the ultimate spa experience at great value. These natural mineral treatments will leave you feeling relaxed, rejuvenated and inspired.*



TIME TO UNWIND



# FINISHING TOUCHES

## WAXING

FULL LEG £18.00

HALF LEG £12.00

LIP WAX £5.00

CHIN WAX £5.00

CHEST WAX £15.00

BACK WAX £15.00

UNDERARM WAX £8.00

LIP AND CHIN £9.00

EYEBROW WAX £6.50

## HOT WAXING

HOLLYWOOD £25.00

BRAZILIAN £20.00

UNDERARM £10.00

BIKINI £12.00

## SPRAY TAN

FULL BODY £20.00

## EYE TREATMENTS

EYEBROW TINT\* £5.00

EYELASH TINT\* £10.00

\*Patch test required 24 hours before treatment

## EAR-PIERCING

BOTH EARS £20.00

ONE EAR £15.00

## SUNBED

3 MINUTES £1.80

6 MINUTES £3.60

9 MINUTES £5.40

12 MINUTES £7.20

45 MINUTES £20.00